

Prof C A Sheppard Memorial Erudite Lecture Series



DEPARTMENT
of ENGLISH



St Berchmans College

AUTONOMOUS College with Potential for Excellence A+ in the Fifth Cycle of Re-accreditation by AACSB
Changanassery, Kerala, India 686101 | Affiliated to Mahatma Gandhi University, Kottayam

CONFLUENCE



**Prof C A Sheppard Memorial
Erudite Lecture Series**

Professor Richard Shusterman
Dorothy F. Schmidt Eminent Scholar
in the Humanities

Professor of Philosophy and English
Director of the Center for Body, Mind,
and Culture
Florida Atlantic University

Topic : **Practicing Philosophy:
Somaesthetics and the Art of Living**

Date : **14 January 2026 (Wednesday)**

Time : **09: 30 am**

Venue : **Cardinal Padiyara Hall**

Dear Sir/Ma'am,

You are cordially invited to the 38th Prof C A Sheppard Memorial Lecture featuring Professor Richard Shusterman, Professor of Philosophy and English at Florida Atlantic University. Prof Shusterman talks about "Practicing Philosophy: Somaesthetics and the Art of Living".

We would be honoured to have you, and we are excited to welcome you to this Memorial Lecture.

Prof (Dr) Teddy Kanjooparampil
Principal

Dr Nithin Varghese
Convenor

PROFESSOR RICHARD SHUSTERMAN

Richard Shusterman is the Dorothy F. Schmidt Eminent Scholar in the Humanities. Educated in Jerusalem and Oxford, he served as Chair of the Philosophy Department at Temple University before joining FAU in 2005. He has held academic appointments in Paris, Berlin, Hiroshima, Beijing, Shanghai, and Rome, and has received senior research fellowships from both the Fulbright Foundation and the NEH. His widely translated research spans many areas of the human and social sciences, with particular emphasis on philosophy, aesthetics, culture, identity, and embodiment. These themes come together in his major project, somaesthetics.

His authored books include *T S Eliot and Philosophy of Criticism* (Columbia), *Practicing Philosophy: Pragmatism and the Philosophical Life* (Routledge), *Performing Live* (Cornell), *Surface and Depth: Dialectics of Criticism and Culture* (Cornell), *Pragmatist Aesthetics: Living Beauty, Rethinking Art* (Blackwell, 2nd ed. Rowman & Littlefield, and translated into 15 languages). More recently, he has published three books on somaesthetics with Cambridge University Press: *Body Consciousness: A Philosophy of Mindfulness and Somaesthetics*; *Thinking through the Body: Essays in Somaesthetics*; *Ars Erotica: Sex and Somaesthetics in the Classical Arts of Love*. He is also the author of *Philosophy and the Art of Writing* (Routledge).

His non-technical essays have appeared in *The Nation* and *The Chronicle of Higher Education*, and in various art reviews and catalogues, such as *artpress* and *Dokumenta*. His work in performance art is expressed through his graphic novella, *The Adventures of the Man in Gold*. Shusterman also directs the FAU Center for Body, Mind, and Culture.



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PROF CA SHEPPARD (1921-1979)

Born in Bangalore in 1921, Colin Antony Stuart Sheppard received his education at St. Bede's School, Loyola School, and Presidency College, Chennai. He joined St Berchmans as a Lecturer in English in 1943 and later became the Head of the Department in 1949, succeeding Prof M P Paul upon his retirement. In 1961, Prof Sheppard moved to St Joseph's College, Devagiri, where he continued his academic journey. He passed away on 11 May 1979, finding his final resting place in the West Hill Cemetery on the outskirts of Calicut.

Among his notable contributions are works like *Lectures in Grammar and Idiom*, *Towards Better English*, and *A Sense of English*. Prof Sheppard's impact extended beyond writing; he was a guiding force in shaping effective teachers, an authority on English Grammar, and a mentor to colleagues in mastering the language.

Prof Sheppard was not only a writer but also a teacher who imparted the art of writing. As a director of Shakespeare's plays, he played a pivotal role in nurturing the talents of budding actors. Known for his delightful speaking style, he inspired many to become proficient speakers.

A teacher of great erudition and inspiration, Prof Sheppard was equally noble and dignified as a human being. His memory continues to be vivid in the hearts of his students and colleagues, a testament to his lasting impact.

PREVIOUS LECTURES

Sl No	Year	Speaker	Title
1	1988	Dr U R Ananthamoorthy	W B Yeats' Poetry
2	1989	Prof Narayanan Nambiar	The Tempest
3	1990	Rev Dr C A Abraham	The Theme of Love in Shakespeare
4	1991	Prof G Kumara Pillai	G M Hopkins' Poetry
5	1992	Prof K M Chandy	English Studies in India
6	1993	Prof Vishnu Narayanan Namboothiri	The Irish Voice of W B Yeats
7	1994	Prof A E Augustine	A Sense of English
8	1995	Rev Dr Ninan Tharakan	Writing Poetry in English: A Writer's Perspective
9	1996	Dr C P Sivadasan	Trends in Modern Criticism
10	1997	Dr R Viswanathan	Modern Trends in American Drama
11	1998	Dr James A Brigham	Bringing Home the Ashes: An Introduction to Lawrence Durrell
12	1999	Prof C Thomas Abraham	T S Eliot's Social Vision
13	2000	Dr Jacob George	Hamlet: Spatial Structure and Theme
14	2001	Dr Abraham Karickom	Indian Aesthetics
15	2002	Dr K Ayyappa Panicker	Eastern Aesthetics
16	2003	Prof T R S Iyer	Word and Meaning: Eastern and Western Perspectives
17	2004	Dr K Narayan Chandran	English in India: Its Social Life
18	2005	Dr A Joseph Dorairaj	The Death of the Author: Literary and Philosophical Perspectives
19	2006	Dr M S Nagarajan	Feminist Literary Theories
20	2007	Most Rev Dr Yakob Mar Irenaios	English Language Teaching in India: Purposes and Paradoxes
21	2008	Dr Scaria Zacharia	Literary Studies Today: New Paradigms
22	2009	Dr Prafulla C Kar	New Contexts of Modernity
23	2010	Gayatri Chakravorty Spivak	Speaking for the Humanities
24	2011	Dr P P Raveendran	World Literature: Concept and Concerns
25	2012	Akeel Bilgrami	Romanticism, Philosophy and Politics
26	2013	Arjun Appadurai	Cinematic Dreams and the Politics of the Real in Contemporary India
27	2014	David Bromwich	The Romantic Sublime
28	2015	Richard Schechner	Deconstructing Texts in the Performance Work of Richard Schechner
29	2016	Nissim Mannathukkaren	Being Modern in 21st Century in Kerala
30	2020	Laura Mulvey	Layering Film and Layering Time: Recovering Women's Stories of Marginalization and Loss
31	2020	Toril Moi	Wittgenstein and Literary Criticism: A New Direction in Literary Studies
32	2021	Prof Homi K Bhabha	Humanities in the Time of the Pandemic
33	2021	Prof Stanley Fish	Speaking in Code: Why Textualism is a Non-Starter
34	2021	Noam Chomsky	Reflections on Language and Thought
35	2022- 2023	Prof Dipesh Chakrabarty	Planetary, an aspect of being human today
36	2023- 2024	Dr Preetha Mani	Linguistic Alienation in Postcolonial India
37	2024- 2025	Dr Ashwini Tambe	Girlhood and Ephemerality: Critical Reflections