



COSMETIC MANAGEMENT - Syllabus

Sl. No	Module	TOPICS	TIME
1	1	Basic Science of Skin	90 mins
2		Skin Types & Concerns	90 mins
3		Skin Care Routine	90 mins
4		Herbal Care of Skin	90 mins
5		Basic Cosmetic Treatments of Skin	90 mins
6		Herbal Treatment of Skin	90 mins
7		Role of Proper Nutrition in Skin Care	90 mins
8	2	Basic Science of Hair	90 mins
9		Hair Types & Concerns	90 mins
10		Hair Care Routine	90 mins
11		Herbal Care of Hair	90 mins
12		Basic Cosmetic Treatments of Hair	90 mins
13		Herbal Treatment of Hair	90 mins
14		Role of Proper Nutrition in Hair Care	90 mins
15	3	Basic Science of Nails	90 mins
16		Nail Types & Concerns	90 mins
17		Nail Care Routine	90 mins
18		Herbal Care of Nail	90 mins
19		Basic Cosmetic Treatments of Nail	90 mins
20		Herbal Treatment of Nail	90 mins
21		Role of Proper Nutrition in Nail Care	90 mins
22	4	How to Stop Ageing?	90 mins
23	5	Genetics Based Wellness	150 mins
24	6	Assessment Day of Foundation Course in Cosmetic & Beauty Therapy	60 mins